

SOCIETE LUXEMBOURGEOISE DE KINESITHERAPIE DU SPORT

8.SYMPOSIUM SPORT-KINE.LU

REGISTRATION : sport-kine.lu

Saturday
20th October 2018

Amphithéâtre, CHL-Centre,
4 rue Ernest Barblé
L-1210 LUXEMBOURG

“SPORTSPHYSIO IN DAILY PRACTICE”



LUXEMBOURG ACADEMY OF SPORTS MEDICINE,
PHYSIOTHERAPY AND SCIENCES

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FINAL PROGRAMME

Saturday 20th October 2018

07.45 REGISTRATION

08.20 OPENING OF THE 8 SYMPOSIUM: *Jean-Paul WEYDERT, President SLKS*

08.30-10.00 1st SESSION. Chair: *Daniel THEISEN, Prof. PT.PhD; Luxembourg*

08.30 POSTURAL STABILITY IN INJURY PREVENTION: DOES PROXIMAL STABILIZATION MATTER?

Filip STAES, Prof.PT.PhD; KU Leuven, Leuven, Belgium

09.15 TRIPLE PLAY IN MOTOR LEARNING TO ENHANCE ACL INJURY PREVENTION

Anne BENJAMINSE, MSc.PT.PhD; University of Groningen, Groningen; The Netherlands
Ali GOKELER, MSc.PT.PhD; University of Groningen, Groningen; The Netherlands

10.00-10.30 COFFEE BREAK & VISIT OF THE SPONSOR STALLS

10.30-12.15 2nd SESSION. Chair: *Nina GOEDERT, MSc.PT.; Luxembourg; Gilles HENDEL, MSc.PT.; Luxembourg*

10.30 WHAT IS THE OPTIMAL LOADING IN TREATMENT OF TENDINOPATHY ?

Christian COUPPE, MSc.PT.PhD; University of Copenhagen, Copenhagen, Denmark

11.00 JUMPER'S KNEE: RISK FACTORS & TREATMENT STRATEGIES

Håvard VISNES, MD, MSc.PT.PhD; Helse-Bergen University Hospital, Bergen, Norway

11.30 MANAGEMENT OF ADOLESCENTS AND ADULTS WITH PATELLOFEMORAL PAIN:
ROLE OF PATIENT EDUCATION, EXERCISE THERAPY AND ADJUNCT TREATMENTS

Michael Skovdal RATHLEFF, Cand.Scient.San.PhD; Aalborg University, Aalborg, Denmark

12.00 OPEN DISCUSSION

12.15-13.30 LUNCH BREAK & VISIT OF THE SPONSORS STALLS

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13.30-15.30 3rd SESSION. Chair: Anouk URHAUSEN, MSc.PT.; Luxembourg; Jérôme PAULS, MSc.PT.; Luxembourg

13.30 RETURN TO PLAY AFTER HAMSTRING INJURIES

Nick van der HORST, MSc.PT.PhD.; University of Utrecht; The Netherlands

14.00 LOAD MONITORING AND MANAGEMENT DURING THE RETURN TO SPORT TRAINING PROCESS AFTER LONG-TERM INJURY

Matthew BUCKTHORPE, PhD; Education. & Research. Dept.Isokinetic Medical FMCE-FIFA, Bologna; Italy

14.30 PREVENTION AND REHABILITATION OF THE SWIMMERS' SHOULDER: FOCUS ON THE SWIMMER AND THE SHOULDER

Kevin KUPPENS, MSc.PT. cand.PhD, University of Antwerp, Antwerp; Belgium

15.00 OPEN DISCUSSION

15.30 CLOSING OF THE SYMPOSIUM

REGISTRATION FEES

You are able to register for the symposium in several different categories

The registration fees for participants includes:

Registration categories	Fee
SLKS Member	75 €
SLMS Member	75 €
Non-Member	125 €
Student	40 €
On-Site registration	150 €

- Admission to all scientific sessions
- Admission to exhibition
- Coffee Break and lunch at the venue
- Congress material (congress bag and final programme in print, certificate of attendance)

REGISTRATION: www.sport-kine.lu ONLY GRANTED IF PAYMENT RECEIVED BEFORE 15.10.2018

Bank account of SLKS: CCPLLULL: IBAN LU54 1111 1270 8010 0000

The symposium SPORT-KINE.LU is recognized as an educational activity by the Luxembourg Academy of Sports Medicine, Physiotherapy and Sciences by 30 CME credits. Those credits are valid for the application period 2018-2019

Partners of the 8.Symposium SPORT-KINE.LU and SLKS



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