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since 1985 the science of healing and the art of caring



*Le Conseil d'administration
de la S.L.K.S.
souhaite à tous ses membres de
Joyeuses Fêtes
et une
Bonne Année 2017*



Dear Member,

It's this time of the year, when we ask you to renew your membership with SLKS.

To enjoy uninterrupted access to SLKS membership benefits, please renew your membership **before 31 January 2017**.

Membership fee : 50 €
to CCPL (Compte Chèque Postal Luxembourg)
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BIC : CCPLLULL

Benefits of SLKS Membership* include:

- online access to JOSPT (Journal of Orthopedic and Sports Physiotherapy)
- Reduced registration fees for SLKS events: the Symposium, workshops,
- Free subscription to the SLKS Newsletter,
- The right to vote at the General Meeting,

For any questions or assistance, please contact us at mail@sport-kine.lu

INTERNATIONAL CONGRESS 2017 DATES



Le premier congrès international organisé par la Fédération Française de Handball aussi ! Traitant de nombreux sujets touchant toute la médecine, la traumatologie, la physiologie et la réadaptation du sportif en général, il s'adresse au plus grand nombre, médecins, chirurgiens, kinésithérapeutes, préparateurs physiques et sportifs. Son "fil rouge" est la médecine de terrain. Une pratique en évolution aux objectifs de prévention au quotidien, l'exemple des champions.

Programme :

<http://www.icmh2017.com/upload/programme/programme.pdf>

Site du Congrès Médical International Handball :

<http://www.icmh2017.com/fr/>

DENMARK
Treatment and Prevention of Sports Injuries
February 2-4, 2017
Radisson Blu Scandinavia, Copenhagen
www.sportskongress.dk



IOC WORLD CONFERENCE ON PREVENTION OF INJURY AND ILLNESS IN SPORT



IOC WORLD CONFERENCE
PREVENTION OF INJURY
AND ILLNESS IN SPORT

16 – 18 MARCH 2017

MONACO,
GRIMALDI FORUM



www.ioc-preventionconference.org

SSPS Conference
Salzburg, Austria

13th - 15th May, 2017



ISOKINETIC FOOTBALL CONFERENCE

May 13-15, 2017

conference@isokinetic.com

www.footballmedicinestrategies.com



2ND GISPT INTERNATIONAL CONFERENCE

ROME 2017

JUNE 10 - 11, 2017

endorsed by



Advances in Sport Rehabilitation Clinical reasoning & practice

The 2nd World Conference of Sports Physiotherapy

Optimal Loading in Sport

Friday 6th and Saturday 7th October 2017
at Titanic, Belfast

#opload



www.physiosinsport.org

INVITATION - LECTURE

ACADÉMIE LUXEMBOURGEOISE DE MÉDECINE, DE KINÉSITHÉRAPIE ET DES SCIENCES DU SPORT

A MOVEMENT FOR MOVEMENT:

EXERCISE AS EVERYBODY'S BUSINESS



IN COLLABORATION WITH: **sport santé**

SUPPORTED BY: **ŒUVRE**
Nationale de Secours
Grande-Duchesse Charlotte

18
JAN. 2017
MER. 17:00

SPEAKER
Ann Gates, Exercise Works!, UK

LOCATION
Centre Médical
de la Fondation
Norbert Metz
(5^e étage), 76 rue d'Eich
(N3), L-1460 Luxembourg

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ACADÉMIE LUXEMBOURGEOISE DE MÉDECINE, DE KINÉSITHÉRAPIE ET DES SCIENCES DU SPORT

LOCALITÉ A : CHL Centre, Amphithéâtre, 4, rue Ernest Barblé, L-1210 Luxembourg
LOCALITÉ B : LUNEX University, 50, avenue du Parc des Sports L-4671 Differdange
LOCALITÉ C : Centre National Sportif et Culturel d'COQUE, 2, rue Léon Hengen, L-1745 Luxembourg
LOCALITÉ D : Hall Omnisport Differdange & LUNEX, Avenue du Parc des Sports L-4671 Differdange

18/01/2017
(17h30-18h30, Loc A)

A Movement for Movement : exercise as everybody's business (E)

Ann Gates
Exercise Works, Birmingham, UK

08/02/2017
(17h30-18h30, Loc A)

Handcycling - sportmedizinische und sportwissenschaftliche Aspekte (D)

Prof. Thomas Abel & Prof. Daniel Theisen
DSHS Cologne, Germany & LIH, Luxembourg

01/03/2017
(18h30-19h30, Loc B)

Unweighted running to detect proprioceptive impairments in ACL repaired knees (E)

Prof. Jan Cabri
LUNEX University, Luxembourg

22/03/2017
(17h30-18h30, Loc A)

Sport et ostéoporose (F)

Dr Claudine Wirth & Dr Isabelle Lehobey
CHL, Luxembourg

12-14/05/2017
(Loc C)

Jahrestagung 2017 Verbandsärzte Deutschland e.V.
(Reserviert für Ärzte der SLMS)

Dr. Christian Nührenböcker & Prof. Axel Urhausen
CHL, Luxembourg

17/05/2017
(13h00-17h00, Loc A)

Journée Kiné

Organised by SLKS

16/09/2017
(8h30-14h00, Loc D)

11th Sports medical Workshop meets 2nd Meeting on medical aspects in Handball (E)

Lecturers :
Dr Jesper Bencke (Denmark) ; Nikki Jung (Luxembourg) ;
Dr Gérard Juin (France) ; Dr Lior Laver (UK/Israel) ;
Dr Patrick Luig (Germany) ; Prof. Kurt Steuer (Germany)

Scientific management :
Prof. R. Seil, Dr Ch. Nührenböcker,
Jérôme Pauls (PT), Eric Besenius

Afternoon Workshops :
- Functional Training (Dr Bencke & Kinés CHL Eich)
- ACL Injury Prevention (J. Paulus, D. Ley, J. Pauls)

05/10/2017
(17h30-19h00, Loc A)

Risk factors for running-related injuries : athletes and trainers point of view - medical doctors point of view (E)

Prof. Sten Rasmussen & Prof. Alexandre Dias Lopes
Aalborg, Denmark & Massachusetts, USA

18/10/2017
(17h30-18h30, Loc A)

Santé bucco-dentaire et sport (F)

Dr Patrick Weyland,
Luxembourg

18/11/2017
(8h30-13h00, Loc C)

Symposium Sportkiné : Incontinence et sport

Organised by SLKS

06/12/2017
(17h30-18h30, Loc A)

HIIT (High Intensity Interval Training) for cardiac patients (E)

Prof. Paul Beckers,
UZA Edegem, Belgium

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Gabriella R. Goshtigian, Brian T. Swanson
Int J Sports Phys Ther. 2016 Aug; 11(4): 575–595.
PMCID: PMC4970848

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[CONSERVATIVE MANAGEMENT OF AN ISOLATED GRADE III LATERAL COLLATERAL LIGAMENT INJURY IN AN ADOLESCENT MULTI-SPORT ATHLETE— A CASE REPORT](#)

M. Alex Haddad, Justin M. Budich, Brian J. Eckenrode
Int J Sports Phys Ther. 2016 Aug; 11(4): 596–606.
PMCID: PMC4970849

[Article](#) [PubReader](#) [PDF–2.4MCitation](#)

[SCREENING FOR REFERRAL BY A SPORTS PHYSICAL THERAPIST REVEALS AN EFFORT THROMBOSIS IN A COLLEGIATE PITCHER: A CASE REPORT](#)

William R. VanWye, Jase Pinerola, Karen Craig Ogle, Harvey W. Wallmann
Int J Sports Phys Ther. 2016 Aug; 11(4): 607–613.
PMCID: PMC4970850

[Article](#) [PubReader](#) [PDF–927KCitation](#)

[CHRONIC UCL INJURY: A MULTIMODAL APPROACH TO CORRECTING ALTERED MECHANICS AND IMPROVING HEALING IN A COLLEGE ATHLETE— A CASE REPORT](#)

Rachel Patrick, Josh McGinty, Ann Lucado, Beth Collier
Int J Sports Phys Ther. 2016 Aug; 11(4): 614–626.
PMCID: PMC4970851

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[EVALUATION AND TREATMENT OF A PATIENT DIAGNOSED WITH ADHESIVE CAPSULITIS CLASSIFIED AS A DERANGEMENT USING THE MCKENZIE METHOD: A CASE REPORT](#)

Ashley Bowser, Brian T. Swanson
Int J Sports Phys Ther. 2016 Aug; 11(4): 627–636.
PMCID: PMC4970852

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Case Series

[REHABILITATION OF SUBACROMIAL PAIN SYNDROME EMPHASIZING SCAPULAR DYSKINESIS IN AMATEUR ATHLETES: A CASE SERIES](#)

Katherine F. Moura, Renan L. Monteiro, Paulo R.G. Lucareli, Thiago Y. Fukuda
Int J Sports Phys Ther. 2016 Aug; 11(4): 552–563.
PMCID: PMC4970846

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[AN ALTERNATIVE APPROACH TO THE TREATMENT OF MENISCAL PATHOLOGIES: A CASE SERIES ANALYSIS OF THE MULLIGAN CONCEPT “SQUEEZE” TECHNIQUE](#)

Robinetta Hudson, Amy Richmond, Belinda Sanchez, Valerie Stevenson, Russell T. Baker, James May, Alan Nasypany, Don Reordan
Int J Sports Phys Ther. 2016 Aug; 11(4): 564–574.
PMCID: PMC4970847

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Clinical Commentary

[PERTINENT DRY NEEDLING CONSIDERATIONS FOR MINIMIZING ADVERSE EFFECTS – PART ONE](#)

John S. Halle, Rob J. Halle
Int J Sports Phys Ther. 2016 Aug; 11(4): 651–662.
PMCID: PMC4970854

[Article](#) [PubReader](#) [PDF–88KCitation](#)

Literature Review

[INTERVENTION AT THE FOOT-SHOE-PEDAL INTERFACE IN COMPETITIVE CYCLISTS](#)

Sinead FitzGibbon, Bill Vicenzino, Sue Ann Sisto
Int J Sports Phys Ther. 2016 Aug; 11(4): 637–650.
PMCID: PMC4970853

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Original Research

[UTILIZATION OF IMPACT TESTING TO MEASURE INJURY RISK IN ALPINE SKI AND SNOWBOARD ATHLETES](#)

John Faltus, Brittney Huntimer, Thomas Kernozek, John Cole
Int J Sports Phys Ther. 2016 Aug; 11(4): 498–506.
PMCID: PMC4970840

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[THE EFFICACY OF AN EIGHT-WEEK CORE STABILIZATION PROGRAM ON CORE MUSCLE FUNCTION AND ENDURANCE: A RANDOMIZED TRIAL](#)

Carrie W. Hoppes, Aubrey D. Sperier, Colleen F. Hopkins, Bridgette D. Griffiths, Molly F. Principe, Barri L. Schnall, Johanna C. Bell, Shane L. Koppenhaver
Int J Sports Phys Ther. 2016 Aug; 11(4): 507–519.
PMCID: PMC4970841

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[A NEW CLINICAL MUSCLE FUNCTION TEST FOR ASSESSMENT OF HIP EXTERNAL ROTATION STRENGTH: AUGUSTSSON STRENGTH TEST](#)

Jesper Augustsson
Int J Sports Phys Ther. 2016 Aug; 11(4): 520–526.
PMCID: PMC4970842

Case Report

[BIPARTITE PATELLA IN 35-YEAR-OLD FITNESS INSTRUCTOR: A CASE REPORT](#)

Sebastian Zabierek, Jakub Zabierek, Adam Kwapisz, Marcin E Domzalski
Int J Sports Phys Ther. 2016 Oct; 11(5): 777–783.
PMCID: PMC5046971
[Article PubReader PDF–1.1MCitation](#)

Clinical Commentaries

[MUSCULOSKELETAL SCREENING AND FUNCTIONAL TESTING: CONSIDERATIONS FOR BASKETBALL ATHLETES](#)

Stephen P. Bird, William J. Markwick
Int J Sports Phys Ther. 2016 Oct; 11(5): 784–802.
PMCID: PMC5046972
[Article PubReader PDF–2.5MCitation](#)

[A CLINICAL GUIDE TO THE ASSESSMENT AND TREATMENT OF BREATHING PATTERN DISORDERS IN THE PHYSICALLY ACTIVE: PART 1](#)

Erin B. Chapman, Jena Hansen-Honeycutt, Alan Nasypany, Russell T. Baker, Jim May
Int J Sports Phys Ther. 2016 Oct; 11(5): 803–809.
PMCID: PMC5046973
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[PERTINENT DRY NEEDLING CONSIDERATIONS FOR MINIMIZING ADVERSE EFFECTS – PART TWO](#)

John S. Halle, Rob J. Halle
Int J Sports Phys Ther. 2016 Oct; 11(5): 810–819.
PMCID: PMC5046974
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[THE EFFECTIVENESS OF DRY NEEDLING AND STRETCHING VS. STRETCHING ALONE ON HAMSTRING FLEXIBILITY IN PATIENTS WITH KNEE PAIN: A RANDOMIZED CONTROLLED TRIAL](#)

John S. Mason, Michael Crowell, Jeffery Dolbeer, Jamie Morris, Aspen Terry, Shane Koppenhaver, Donald Lee Goss
Int J Sports Phys Ther. 2016 Oct; 11(5): 672–683.
PMCID: PMC5046961
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[A DELPHI STUDY OF RISK FACTORS FOR ACHILLES TENDINOPATHY- OPINIONS OF WORLD TENDON EXPERTS](#)

Seth O'Neill, Paul J. Watson, Simon Barry
Int J Sports Phys Ther. 2016 Oct; 11(5): 684–697.
PMCID: PMC5046962
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[THE ADOLESCENT MEASURE OF CONFIDENCE AND MUSCULOSKELETAL PERFORMANCE \(AMCAMP\): DEVELOPMENT AND INITIAL VALIDATION](#)

Keith H. May, Andrew A. Guccione, Michael C. Edwards, Marc S. Goldstein
Int J Sports Phys Ther. 2016 Oct; 11(5): 698–707.
PMCID: PMC5046963
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[DIAGNOSTIC IMAGING IN A DIRECT-ACCESS SPORTS PHYSICAL THERAPY CLINIC: A 2-YEAR RETROSPECTIVE PRACTICE ANALYSIS](#)

Michael S. Crowell, Erik A. Dedekam, Michael R. Johnson, Scott C. Dembowski, Richard B. Westrick, Donald L. Goss
Int J Sports Phys Ther. 2016 Oct; 11(5): 708–717.
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[THE RELATIONSHIP BETWEEN TRUNK ENDURANCE PLANK TESTS AND ATHLETIC PERFORMANCE TESTS IN ADOLESCENT SOCCER PLAYERS](#)

Atsushi Imai, Koji Kaneoka
Int J Sports Phys Ther. 2016 Oct; 11(5): 718–724.
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[THE CLINICAL, FUNCTIONAL AND BIOMECHANICAL PRESENTATION OF PATIENTS WITH SYMPTOMATIC HIP ABDUCTOR TENDON TEARS](#)

Jay R. Ebert, Theertha Rethesh, Rinky Mutreja, Gregory C. Janes
Int J Sports Phys Ther. 2016 Oct; 11(5): 725–737.
PMCID: PMC5046966
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[HIP AND GLENOHUMERAL PASSIVE RANGE OF MOTION IN COLLEGIATE SOFTBALL PLAYERS](#)

Gretchen D. Oliver, Hillary Plummer, Allison Brambeck
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[ULTRASOUND MEASUREMENTS AND OBJECTIVE FORCES OF GLENOHUMERAL TRANSLATIONS DURING SHOULDER ACCESSORY PASSIVE MOTION TESTING IN HEALTHY INDIVIDUALS](#)

Nancy Henderson, Haley Worst, Ryan Decarreau, George Davies
Int J Sports Phys Ther. 2016 Oct; 11(5): 746–756.
PMCID: PMC5046968
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[CORRECTED ERROR VIDEO VERSUS A PHYSICAL THERAPIST INSTRUCTED HOME EXERCISE PROGRAM: ACCURACY OF PERFORMING THERAPEUTIC SHOULDER EXERCISES](#)

David J Berkoff, Kamesh Krishnamurthy, Jennifer Hopp, Laura Stanley, Ken Spores, David Braunreiter
Int J Sports Phys Ther. 2016 Oct; 11(5): 757–764.
PMCID: PMC5046969
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[SIXTY SECONDS OF FOAM ROLLING DOES NOT AFFECT FUNCTIONAL FLEXIBILITY OR CHANGE MUSCLE TEMPERATURE IN ADOLESCENT ATHLETES](#)

Andrew M. Murray, Thomas W. Jones, Cosmin Horobeanu, Anthony P. Turner, John Sproule
Int J Sports Phys Ther. 2016 Oct; 11(5): 765–776.
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Systematic Review

[ULTRASONOGRAPHY, AN EFFECTIVE TOOL IN DIAGNOSING PLANTAR FASCIITIS: A SYSTEMATIC REVIEW OF DIAGNOSTIC TRIALS](#)

Ahmed Radwan, Matthew Wyland, Lee Applequist, Erin Bolowsky, Heather Klingensmith, Isaac Virag
Int J Sports Phys Ther. 2016 Oct; 11(5): 663–671.
PMCID: PMC5048334

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[COMPARISON OF RANGE OF MOTION, STRENGTH, AND HOP TEST PERFORMANCE OF DANCERS WITH AND WITHOUT A CLINICAL DIAGNOSIS OF FEMOROACETABULAR IMPINGEMENT](#)

Benjamin R. Kivlan, Christopher R. Carcia, John J. Christoforetti, RobRoy L. Martin
Int J Sports Phys Ther. 2016 Aug; 11(4): 527-535.
PMCID: PMC4970843

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[THE EFFECT OF CONSERVATIVELY TREATED ACL INJURY ON KNEE JOINT POSITION Sense](#)

Nicola Relph, Lee Herrington

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Case Series

[FUNCTIONAL OUTCOMES AFTER DISTAL BICEPS BRACHII REPAIR: A CASE SERIES](#)

Christine L Redmond, Tim Morris, Charissa Otto, Tanisha Zerella, John G Semmler, Taaibos Human, Joideep Phadnis, Gregory I Bain
Int J Sports Phys Ther. 2016 Dec; 11(6): 962-970.
PMCID: PMC5095948

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[A CLINICAL GUIDE TO THE ASSESSMENT AND TREATMENT OF BREATHING PATTERN DISORDERS IN THE PHYSICALLY ACTIVE: PART 2. A CASE SERIES](#)

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Int J Sports Phys Ther. 2016 Dec; 11(6): 971-979.
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[CERVICAL CONTRIBUTION TO FUNCTIONAL SHOULDER IMPINGEMENT: TWO CASE REPORTS](#)

Steven Pheasant
Int J Sports Phys Ther. 2016 Dec; 11(6): 980-991.
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Clinical Commentaries

[EXAMINATION OF THE PATELLOFEMORAL JOINT](#)

Robert C. Manske, George J. Davies
Int J Sports Phys Ther. 2016 Dec; 11(6): 831-853.
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[CURRENT CONCEPTS IN THE TREATMENT OF PATELLAR TENDINOPATHY](#)

Mark F. Reinking
Int J Sports Phys Ther. 2016 Dec; 11(6): 854-866.
PMCID: PMC5095939

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[CURRENT CONCEPTS IN THE TREATMENT OF GROSS PATELLOFEMORAL INSTABILITY](#)

Grant Buchanan, LeeAnne Torres, Brian Czarkowski, Charles E. Giangarra
Int J Sports Phys Ther. 2016 Dec; 11(6): 867-876.
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[CURRENT CONCEPTS IN BIOMECHANICAL INTERVENTIONS FOR PATELLOFEMORAL PAIN](#)

Richard W. Willy, Erik P. Meira
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[CURRENT CONCEPTS AND TREATMENT OF PATELLOFEMORAL COMPRESSIVE ISSUES](#)

Michael J. Mullaney, Takumi Fukunaga
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[Current Concepts in Treatment of Patellofemoral Osteochondritis Dissecans](#)

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[MIDFOOT AND FOREFOOT INVOLVEMENT IN LATERAL ANKLE SPRAINS AND CHRONIC ANKLE INSTABILITY. PART 1: ANATOMY AND BIOMECHANICS](#)

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Int J Sports Phys Ther. 2016 Dec; 11(6): 992-1005.
PMCID: PMC5095951

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Original Research

[BIOMECHANICS AND PATHOMECHANICS OF THE PATELLOFEMORAL JOINT](#)

Janice K. Loudon
Int J Sports Phys Ther. 2016 Dec; 11(6): 820-830.
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[PAIN, FUNCTION, AND STRENGTH OUTCOMES FOR MALES AND FEMALES WITH PATELLOFEMORAL PAIN WHO PARTICIPATE IN EITHER A HIP/CORE- OR KNEE-BASED REHABILITATION PROGRAM](#)

Lori A Bolgla, Jennifer Earl-Boehm, Carolyn Emery, Karrie Hamstra-Wright, Reed Ferber
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PMCID: PMC5095944

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[THE NINE TEST SCREENING BATTERY - NORMATIVE VALUES ON A GROUP OF RECREATIONAL ATHLETES](#)

Frida Flodström, Annette Heijne, Mark E. Batt, Anna Frohm
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